Refuge in the Dhamma

The Dhamma [that is] freedom from lust,
[That is] non-craving, non-sorrow,
[That is] uncreated, non-obstructing,
[That is] sweet, well-learned, and well-arranged,
In this Dhamma, I go for refuge.

Rāgavirāgam anejam asokam,
Dhammam asañkhatam appatikulaṃ.
madhuramimam pagunam suvibhattam,
dharmamimam saranatthamupehi

From the Vimāna-Vutthu (KN 6.53)

1. “Dhamma” is said to uphold (dhāra) because it keeps one from falling.
   - Buddhaghosa (Middle Length Discourses Commentary)

2. The Dhamma is both the Noble Path and Nibbāna as well as the teaching and the Noble fruits.
   - Buddhaghosa (Middle Length Discourses Commentary)

3. As for those qualities of which you may know, “These dhammas lead to dispassion, not to passion; to being unfettered, not to being fettered; to simplifying, not to accumulating; to modesty, not to self-aggrandizement; to contentment, not to discontent; to independence, not to entanglement; to aroused persistence, not to laziness, to being unburdensome, not to being burdensome”: you may definitely hold, “This is the Dharma, this is the discipline, this is the Teacher’s instruction.”
   - The Buddha; Numerical Discourses 8.53

4. The Dharma is well proclaimed by the Blessed One; it is visible here and now, immediate, inviting to be seen for oneself, onward leading, and to be personally realized by the wise.
   - The Buddha; Middle Length Discourse 7.6