

Dependent Co-arising audio index

On Saturday May 5, 2007 Thanissaro Bhikku visited Insight Meditation Center in Redwood City, California. This is an audio index to help follow the text with the commentary.

File 1	Duration 28:48
Guided Meditation	
File 2	Duration 21:15
Introduction and Q&A	
File 3	Duration 30:45
Primary Text	
1. Beginning of the reading	0:00
2. "When this is, that is".	1:30
Q&A on passage #2	16:29
File 4	Duration 41:24
The Description	
3. Description of Dependent Co-arising	0:00
3[A] "Now what is Aging and Death"	13:50
3[B] Doctrine of self clinging	21:28
3[C] "And what is Name-&-Form"	22:21
3[D] "And What are Fabrications"	24:40
Q&A	28:08
File 5	Duration 30:30
Ignorance & Fabrication	
Follow up from morning session	0:00
4. Ignorance	1:20
5. Noble truth of stress (Dukkha)	8:42
Q&A	20:00
6. Fabrications	24:18
7. 3 types of fabrication	29:00
File 6	Duration 24:15:
Bodily and Verbal Fabrication	
8. Bodily Fabrications	0:00
8[9] Verbal Fabrications	4:15
8[13]	5:10
Q&A	8:39

File 7 **Duration 29:00**

Verbal & Mental Fabrications

9. Verbal Fabrications (First Jhana)	0:00
10. Right Resolve	8:00
Q&A on Jhana	9:15
11. Mental Fabrication-Feelings	16.53
Q&A on Mental Fabrication	22.30

File 8 **Duration 28:40**

Mental Fabrications-Perception

12. Perception & Commentary	0:00
13.	6:50
13.1 to 13.10	7:41
Questions on Perceptions	15:03

File 9 **Duration: 38:53**

Consciousness, Name, Form

13. Consciousness	0:00
13.[A] "Like the earth property,..."	0:25
13.[B] "If a monk abandons passion..."	1:45
14. "Just as if there were a roofed.."	2:44
15. Name: Intention (Karma)	4:35
16. "There is Kamma that is dark"	4:59
17. Attention	6:25
18. Form	9:59
18[A] "And what is the Earth property"	12:23
18[B] "Now ther comes a time, friend..."	13:08
18[C] "Now if other people insult..."	14:01
18[D] "And if other people attack..."	14:57
18[E] "And if, in the monk recollecting"	17:03
18[F] "But if, in the monk recollecting"	17:44
Q&A	18:54
19. Sense Media, Contact, Feeling	20:44
20. Craving	23:13
21. "Ananda: This word, "becoming,..."	25:23
22. "Overcome by two viewpoints,..."	28:05
22[A] "And how do those with vision..."	30:41
Question & Answer	31:40
Clinging	32:43
23. Sensuality	33:54
23[A} "And what draw back sensuality..."	34:18

Note: Than Geoff reads through each paragraph of 23

File 10**Duration: 23:11**

24. Views	0:00
24. "When this had been said, Anathapinkika the householder said to the wanderers"	1:15
24. "Whatever has been brought into being.."	1:54
25. Precepts & Practices	3:23
26. "A person of no integrity..."	4:43
Question and Answers	6:38
27. Doctrines of self	8:36
28. Then Ven. Kaccayana Gotta..."	11:17
Question and Answers	16:31