

## Dependent Co-arising audio index

*On Saturday May 5, 2007 Thanissaro Bhikku visited Insight Meditation Center in Redwood City, California. This is an audio index to help follow the text with the commentary.*

<b>File 1</b>	<b>Duration 28:48</b>
Guided Meditation	
<b>File 2</b>	<b>Duration 21:15</b>
Introduction and Q&A	
<b>File 3</b>	<b>Duration 30:45</b>
Primary Text	
1. Beginning of the reading	0:00
2. "When this is, that is".	1:30
Q&A on passage #2	16:29
<b>File 4</b>	<b>Duration 41:24</b>
The Description	
3. Description of Dependent Co-arising	0:00
3[A] "Now what is Aging and Death"	13:50
3[B] Doctrine of self clinging	21:28
3[C] "And what is Name-&-Form"	22:21
3[D] "And What are Fabrications"	24:40
Q&A	28:08
<b>File 5</b>	<b>Duration 30:30</b>
Ignorance & Fabrication	
Follow up from morning session	0:00
4. Ignorance	1:20
5. Noble truth of stress (Dukkha)	8:42
Q&A	20:00
6. Fabrications	24:18
7. 3 types of fabrication	29:00
<b>File 6</b>	<b>Duration 24:15:</b>
Bodily and Verbal Fabrication	
8. Bodily Fabrications	0:00
8[9] Verbal Fabrications	4:15
8[13]	5:10
Q&A	8:39

**File 7** **Duration 29:00**

Verbal & Mental Fabrications

9. Verbal Fabrications (First Jhana)	0:00
10. Right Resolve	8:00
Q&A on Jhana	9:15
11. Mental Fabrication-Feelings	16.53
Q&A on Mental Fabrication	22.30

**File 8** **Duration 28:40**

Mental Fabrications-Perception

12. Perception & Commentary	0:00
13.	6:50
13.1 to 13.10	7:41
Questions on Perceptions	15:03

**File 9** **Duration: 38:53**

Consciousness, Name, Form

13. Consciousness	0:00
13.[A] "Like the earth property,..."	0:25
13.[B] "If a monk abandons passion..."	1:45
14. "Just as if there were a roofed.."	2:44
15. Name: Intention (Karma)	4:35
16. "There is Kamma that is dark"	4:59
17. Attention	6:25
18. Form	9:59
18[A] "And what is the Earth property"	12:23
18[B] "Now ther comes a time, friend..."	13:08
18[C] "Now if other people insult..."	14:01
18[D] "And if other people attack..."	14:57
18[E] "And if, in the monk recollecting"	17:03
18[F] "But if, in the monk recollecting"	17:44
Q&A	18:54
19. Sense Media, Contact, Feeling	20:44
20. Craving	23:13
21. "Ananda: This word, "becoming,..."	25:23
22. "Overcome by two viewpoints,..."	28:05
22[A] "And how do those with vision..."	30:41
Question & Answer	31:40
Clinging	32:43
23. Sensuality	33:54
23[A} "And what draw back sensuality..."	34:18

Note: Than Geoff reads through each paragraph of 23

**File 10****Duration: 23:11**

24. Views	0:00
24. "When this had been said, Anathapinkika the householder said to the wanders"	1:15
24. "Whatever has been brought into being.."	1:54
25. Precepts & Practices	3:23
26. "A person of no integrity..."	4:43
Question and Answers	6:38
27. Doctrines of self	8:36
28. Then Ven. Kaccayana Gotta..."	11:17
Question and Answers	16:31