

## Dependent Origination

One who sees dependent origination sees the Dhamma; one who sees Dhamma sees dependent origination. MN 28

### Provisional Chain of Dependent Co-Arising

**Ignorance** shapes intending  
**Intending** shapes attending  
**Attending** shapes how body and mind are mobilized  
**How body and mind are mobilized** shapes sensing  
**Sensing** shapes contacting  
**Contacting** shapes feeling  
**Feeling** shapes craving  
**Craving** shapes clinging  
Clinging shapes becoming  
Becoming shapes birth  
**Birth** shapes aging and death  
[**Aging and death** shapes ignorance]

### Buddhist Chain of Dependent Co-Arising

With **ignorance** (*avijjā*) as a condition, there are [mental] formations  
With **formations** (*sankhāra*) as a condition, there is consciousness  
With **consciousness/Cognition** (*viññāna*) as a condition, there is mentality and physicality  
With **mentality and physicality** (*nāmarūpa*) as a condition, there are the six sense bases  
With the **six sense bases** (*salāyatana*) as a condition, there is contact  
With **contact** (*phassa*) as a condition, there are feelings  
With **feeling** (*vedena*) as a condition, there is craving  
With **craving** (*tanhā*) as a condition, there is clinging  
With **clinging** (*upādāna*) as a condition, there is becoming  
With **becoming** (*bhava*) as a condition, there is birth  
With **birth** (*jāti*) as a condition, there is  
**Aging, death, sorrow, lamentation, pain, grief, and despair** (*jarā-maranam-soka-parideva-dukkah-domanassupayasa*)

### Liberative Dependent Co-arising

Suffering	Concentration
Faith	Knowledge and Insight
Gladness	Disenchantment
Rapture	Dispassion
Calmness	Liberation
Happiness	Knowledge and Vision of Liberation