

Dependent Origination

One who sees dependent origination sees the Dhamma; one who sees Dhamma sees dependent origination. MN 28

Provisional Chain of Dependent Co-Arising

Ignorance shapes intending
Intending shapes attending
Attending shapes how body and mind are mobilized
How body and mind are mobilized shapes sensing
Sensing shapes contacting
Contacting shapes feeling
Feeling shapes craving
Craving shapes clinging
Clinging shapes becoming
Becoming shapes birth
Birth shapes aging and death
[**Aging and death** shapes ignorance]

Buddhist Chain of Dependent Co-Arising

With **ignorance** (*avijjā*) as a condition, there are [mental] formations
With **formations** (*sankhāra*) as a condition, there is consciousness
With **consciousness/Cognition** (*viññāna*) as a condition, there is mentality and physicality
With **mentality and physicality** (*nāmarūpa*) as a condition, there are the six sense bases
With the **six sense bases** (*salāyatana*) as a condition, there is contact
With **contact** (*phassa*) as a condition, there are feelings
With **feeling** (*vedena*) as a condition, there is craving
With **craving** (*tanhā*) as a condition, there is clinging
With **clinging** (*upādāna*) as a condition, there is becoming
With **becoming** (*bhava*) as a condition, there is birth
With **birth** (*jāti*) as a condition, there is
Aging, death, sorrow, lamentation, pain, grief, and despair (*jarā-maranam-soka-parideva-dukkah-domanassupayasa*)

Liberative Dependent Co-arising

Suffering	Concentration
Faith	Knowledge and Insight
Gladness	Disenchantment
Rapture	Dispassion
Calmness	Liberation
Happiness	Knowledge and Vision of Liberation